

THE BUZZ

NEWSLETTER @ THEINSTITUTE OF EDUCATION DUBLIN ■ 05.10.2026



TEACHERS' DAY

Today, Monday the 5th of October is the 60th anniversary of World Teachers' Day! Today is a celebration and acknowledgement of the hard work and dedication of our teachers. Hard work that makes a lasting difference. We thank our teachers for their dedication, passion, and commitment to inspiring and supporting our students every day. Teachers play such a vital role in shaping and fostering learners' growth and development, so remember to thank your teachers today!

EXTRACURRICULARS

A reminder that Chess, Yoga and Self-defense are now on your timetable, all welcome to drop in and try them out!



Self-defense: Mondays at 3pm in Convent Place. Learn practical self-defense skills, have fun, build confidence, and develop greater awareness in a safe and supportive environment. All welcome!



Chess: Tuesdays at 3:30pm in room 2-8. One of our most popular clubs, where students enjoy playing against other schools later in the year. A great opportunity to learn, play, and improve skills while developing critical thinking, concentration, and problem-solving in a friendly environment. Beginners and seasoned players welcome!



Yoga: Wednesdays at 11am in Convent Place. Make the most out of your break - stretch, breathe and reset! Sessions are led by an experienced yoga professional, helping you develop flexibility, focus and balance in a calm and relaxing environment. Come as you are, no special gear necessary and there is time to eat lunch at the end of the session.

SCHOOL CANTEEN

SPECIALS THIS WEEK:

MON: Southern Fried Chicken with Cajun Potatoes €7.50
Vegetarian Fajitas €6

TUE: Savoury Meatballs, Pasta & House Salad €7.50
Vegetarian Curry with Steamed Rice €6

WED: BBQ Pulled Pork Burger, Mac & Cheese €7.00
Mac & Cheese House Salad €6

THUR: Black Bean Chicken with Fried Rice €7.50
Vegetable Korma with Savoury Rice €6.50

FRI: Crispy Chicken Spice Box €7.00
Vegetarian Spice Box €6



STUDENT SPOTLIGHT



A huge congratulations to 6th year Ryan McConalogue, who has been crowned Double World Champion at the WAKO Youth World Kickboxing Championships 2026. The competitions took place in Jesolo, Italy, from the 18th to the 27th of September. Ryan secured World Championship titles in both the Kick Light and Light Contact divisions, defeating opponents from Germany and the United Kingdom in the finals. Winning a World Championship is an incredible achievement in itself, but securing Double Gold across two different disciplines at the same tournament is a remarkable accomplishment and places Ryan among the most successful Irish athletes to compete in the sport. We wish Ryan every success in his kickboxing career.





GUIDANCE TEAM



UCAS

The final school deadline date has passed for students applying to Oxford, Cambridge, and for any courses in Medicine, Veterinary, and Dentistry in the UK. Students have finalised, paid and submitted their applications, and the school will now work on the completion of predicted grades and teacher references for our students.



LUNCHTIME TALKS

This Wednesday 7th October there will be a lunchtime presentation on Psychology in UCD. 4th and 5th years attend room H1-0 from 11am – 11.50am and 6th year students attend room H1-1 from 12:30 – 1:20pm. Please bring your lunch.



OPEN DAYS THIS WEEK

UCC Open Day Saturday October 10th

This Saturday from 10:00am – 3:30pm, check out UCC's award-winning campus for their annual undergraduate Open Day. Meet their community of current students and academic and professional services staff. Please register online to attend this event.



RESOURCE

RACE / DARE applicants:

From October 12th up to the midterm break, Helen Casey Resource (RACE/DARE applicants) will have an all day drop-in service, no appointment necessary. Every Monday, Tuesday, Thursday and Friday from 8.30am-3.30pm in Room 2-6a.

Have a great week ahead!

Your Guidance Team



EXTRA SUPPORT THIS WEEK

WEEKLY 6TH YEAR SUPPORT



MONDAY

Maths Revision Drop-in HL / 7:55 - 8:25am (HDO) (2-3)

BIP Practical Sessions **Final Week** Sign-up Required / 8:00 - 11:00am and 12:00 - 3:00pm (EMCH) (S-Lab) Sign-up sheet is in the school office

Spanish Revision Drop-in HL / 8:00 - 8:30am (MFE) (G-1)

Home Ec Project **Final Week** Drop-in HL / 2:30 - 5:00pm (AQU) (4-8)

Music Practical Sign-up Required / 3:30 - 4:30pm (JWA) (B-5)

French Oral Drop-in HL / 3:30 - 4:30pm (COI) (H2-1)

Economics Revision Drop-in HL / 4:30 - 5:30pm (RQU) (HG-0)

TUESDAY

Maths Revision Drop-in HL / 7:55 - 8:25am (HDO) (2-3)

BIP Practical Sessions **Final Week** Sign-up Required / 8:00 - 11:00am and 12:00 - 3:00pm (EMCH) (S-Lab) Sign-up sheet is in the school office

Home Ec Project **Final Week** Drop-in HL / 2:30 - 5:00pm (AQU) (2-6)

Art Tutorial Drop-in HL / 3:30 - 4:30pm (DKE) (Art Room)

Art Tutorial Drop-in HL / 3:30 - 4:30pm (PCR) (L2-2)

Geography Revision Drop-in HL / 3:30 - 4:30pm (LAS) (LI-0)

WEDNESDAY

Maths Revision Drop-in HL / 7:55 - 8:25am (HDO) (2-3)

BIP Practical Sessions **Final Week** Sign-up Required / 8:00 - 11:00am and 12:00 - 3:00pm (EMCH) (S-Lab) Sign-up sheet is in the school office

Spanish Revision Drop-in HL / 8:00 - 8:30am (MFE) (G-4)

Home Ec Project **Final Week** Drop-in HL / 2:30 - 5:00pm (AQU) (3-6)

PIP Practical Sessions **New this week!** Sign-up Required HL

2:30 - 5:30pm (Dr. Guru) (Physics-Lab) Sign-up sheet is in the school office

Maths Revision Drop-in HL / 3:30 - 4:30pm (ARO) (H1-0)

Business Revision Drop-in HL / 4:30 - 5:30pm (RQU) (HG-0)

THURSDAY

Maths Revision Drop-in HL / 7:55 - 8:25am (HDO) (2-3)

BIP Practical Sessions **Final Week** Sign-up Required / 8:00 - 11:00am and 12:00 - 3:00pm (EMCH) (S-Lab) Sign-up sheet is in the school office

English Revision Drop-in HL / 8:30 - 9:30am (DEN) (LI-0)

Home Ec Project **Final Week** Drop-in HL / 2:30 - 5:00pm (AQU) (2-6)

French Revision Drop-in HL / 3:30 - 4:30pm (COK) (H2-1)

Music Practical Sign-up Required / 3:30 - 4:30pm (JWA) (B-5)

Maths Tutorial Drop-in OL / 3:30 - 4:30pm (JKE) (L3-0)

FRIDAY

BIP Practical Sessions **Final Week** Sign-up Required / 8:00 - 11:00am and 12:00 - 3:00pm (EMCH) (S-Lab) Sign-up sheet is in the school office

English Tutorial Drop-in HL / 8:30 - 9:30am (DEN) (G-8)

WEEKLY 5TH YEAR SUPPORT



WEDNESDAY

Art Tutorial Drop-in HL / 3:00 - 4:00pm (PCR) (Art Room)

Music Practical Sign-up Required / 3:00 - 4:00pm (JWA) (Music Room)

Chemistry Revision Drop-in HL / 3:00 - 4:00pm (AFO) (D1-1)

Maths Tutorial Drop-in HL / 3:00 - 5:30pm (NNO) (G-8)



MASTERCLASSES



This Wednesday, October 7th, we have a Masterclass in Biology with Emily Brady. Topic: 6th Year Biology Foundations / Circulatory System. It is for 5th & 6th years and is online at 5pm. [Link is on your Moodle.](#)



This Wednesday, October 7th, we have a Masterclass in Chemistry with Ali Fox. Topic: Stoichiometry 1. It is for 5th & 6th years and is online at 5:30pm. [Link is on your Moodle.](#)