THE BUZZ

NEWSLETTER THEINSTITUTEOFEDUCATIONDUBLIN • 2.11.2026

WELLBEING ACTIVITY

This Friday, 6th of November, we will be holding a Sunrise Walk! Meet at the main front door (No. 85) at 7:45am for a refreshing local walk, returning on time for 8:30am classes. There's nothing like stretching your legs, getting some fresh air and enjoying the early morning light to start the day on the right foot! It's a lovely opportunity to get moving, clear your head and enjoy some fresh air before the school day gets underway. All staff and students are very welcome, so why not join us, bring a friend and start your Friday feeling ready for the day ahead? We look forward to seeing you there!

TWO SENTENCE STORY

Well done to 4th year student Chang (Philip) Xu, for his Two Sentence Horror Story (below), which won our annual Halloween competition. Thank you to everyone who entered, we really enjoyed your stories and didn't realise the lanyards were so scary until they made an appearance :-)

I was feeling the stress, anxiety, and terror of the Leaving Cert exam as my hands shook and the clock ticked away. I woke up, panting, relieved that the nightmare was over, until I saw the empty paper in front of me, and then heard the call of the examiner through the hall, "Time's up, everyone!"

CANTEEN SPECIALS

MON: Chicken Stir Fry with Rice & Noodles €7

Chilli Beef Tacos with Cajun Wedges €5.50 / Veggie Tacos with Cajun Fries €5

TUE: Southern Fried Chicken Burger with French Fries Fries €7

Pasta Bolognaise with Garlic Bread €5.50 / Veggie Pasta with Garlic Bread €5.50

WED: Chicken With Mushrooms & Pesto in a Cream Sauce with Savoury Rice €7

Chicken Korma with Rice & Naan Bread €5.50

Vegetable Korma with Rice & Naan Bread €5

THUR: Cheese Burger with French Fries €7

Corn Dog with Jalapeño Relish & French Fries €5.50

Veggie Hot Dog with Jalapeño Relish & French Fries €5

FRI: Crispy Chicken Spice Box €7 / Vegetarian Spice Box €5.50

Loaded Baked Potato with Chilli Beef, Cheddar Cheese & Coleslaw €5.50

STUDENT SPOTLIGHT



Congratulations to 6th year Ali Hamza Asif who received a commendation award for his essay in the Economics category of the John Locke Essay Competition 2026. The John Locke Essay Competition is widely considered one of the most prestigious and competitive high school academic contests in the world. The academic awards ceremony took place on Saturday the 3rd of October 2026 at the JW Marriott Grosvenor House in London. All essay entries are judged by a panel of senior academics drawn from leading universities including Oxford and Princeton. Standing out among 100,227 students from 183 countries, is an incredible achievement, and a testament to Ali Hamza's hard work and intellectual curiosity.



GUIDANCE TEAM



The Guidance Team would like to welcome you all back after the October mid-term break. We hope that our 6th year students enjoyed the annual Institute of Education Futures Fair event and that it provided you with the information needed for you to make decisions on your next steps of your educational and career journey.

UCAS JANUARY APPLICANTS

Students applying to UCAS 2027, who have not already done so, please email ucas2027@instituteofeducation.ie. Each student will then be allocated a date and time to meet with a Guidance counsellor who will support you throughout your UCAS application. Please note the internal school deadline of Friday 11th December. Students must have completed their UCAS application, submitted and paid for by Friday December 11th. This allows the guidance team to organise the required supporting documents, and to submit your UCAS application in a timely manner.

CAO &TALKS 6TH YR

Exciting news for our 6th year students this week, as on Wednesday the 5th of November at 12 noon the CAO opens for 2027 applications!! With this in mind, we will host a series of CAO lunchtime talks for students and an Online CAO Talk for parents and guardians. The CAO talks take place every day this week for our 6th year students, from Monday 2nd November to Friday 6th, 12:30-1:20pm in H1-1. It is imperative that every 6th year student attend one of these talks.

The Guidance Team will also host an Online CAO talk for parents and guardians on Thursday, November 5th from 5pm to 6pm. Further details on this have been sent to parents and guardians, including the link to the online CAO meeting.

TALKS 4TH & 5TH YR

There will be a presentation 'An introduction to the CAO application process' for 4th and 5th year students on Wednesday this week, 11:00-11:50am in H1-0. As always, please bring your lunch.

We are also hosting University of Limerick who will present a talk on their Computer Science and Immersive Software Engineering degrees, this Thursday 5th November, from 11- 11:50am in H1-0.

RACE/DARE APPLICANTS

RACE applicants please call to Helen Casey's office 2-6A (just knock) or make an appointment to see her this week. DARE applicants - Step 1 : Sign up for CAO. CAO Number is needed when applying for DARE

Have a great week, ***Your Guidance team***

EXTRA SUPPORT THIS WEEK



IRISH 5TH & 6TH YEAR SUPPORT

Anna Hughes is available at the below times, until Friday 13th November, for individual Irish support, sign-up sheet is in the school office on the first floor.

MON 2pm - 4pm / *L3-1*
TUE 2pm - 4:30pm / *L3-1*
THUR 2pm - 4:30pm / *L3-1*
FRI 2pm - 3:30pm / *L3-1*



WEEKLY 6TH YEAR SUPPORT

MONDAY
Maths Revision Drop-in HL / 7:55 - 8:25am (HDO) *(2-3)*
Spanish Revision Drop-in HL / 8:00 - 8:30am (MFE) *(G-1)*
Music Practical Sign-up Required / 3:30 - 4:30pm (JWA) *(B-5)*
French Oral Drop-in HL / 3:30 - 4:30pm (COI) *(H2-1)*
Economics Revision Drop-in HL / 4:30 - 5:30pm (RQU) *(HG-0)*

TUESDAY
Maths Revision Drop-in HL / 7:55 - 8:25am (HDO) *(2-3)*
Art Tutorial Drop-in HL / 3:30 - 4:30pm (DKE) *(Art Room)*
Art Tutorial Drop-in HL / 3:30 - 4:30pm (PCR) *(L2-2)*
Geography Revision Drop-in HL / 3:30 - 4:30pm (LAS) *(L1-0)*

WEDNESDAY
Maths Revision Drop-in HL / 7:55 - 8:25am (HDO) *(2-3)*
Spanish Revision Drop-in HL / 8:00 - 8:30am (MFE) *(G-4)*
Maths Revision Drop-in HL / 3:30 - 4:30pm (ARO) *(H1-0)*
Business Revision Drop-in HL / 4:30 - 5:30pm (RQU) *(HG-0)*

THURSDAY
Maths Revision Drop-in HL / 7:55 - 8:25am (HDO) *(2-3)*
English Revision Drop-in HL / 8:30 - 9:30am (DEN) *(L1-0)*
French Revision Drop-in HL / 3:30 - 4:30pm (COK) *(H2-1)*
Music Practical Sign-up Required / 3:30 - 4:30pm (JWA) *(B-5)*
Maths Tutorial Drop-in OL / 3:30 - 4:30pm (JKE) *(L3-0)*

FRIDAY
English Tutorial Drop-in HL / 8:30 - 9:30am (DEN) *(G-8)*

WEEKLY 5TH YEAR SUPPORT

WEDNESDAY
Art Tutorial Drop-in HL / 3:00 - 4:00pm (PCR) *(Art Room)*
Music Practical Sign-up Required / 3:00 - 4:00pm (JWA) *(Music Room)*
Chemistry Revision Drop-in HL / 3:00 - 4:00pm (AFO) *(D1-1)*
Maths Tutorial Drop-in HL / 3:00 - 5:30pm (NNO) *(G-8)*

FUTURES FAIR 2026

Our Futures Fair was as popular as ever, and it was fantastic to see so many 6th year students seeking advice, exploring their options and getting excited about their future plans beyond The Institute of Education. With over 20 colleges from across Ireland in attendance, the fair provided a fantastic opportunity for our students to learn more about the many pathways available to them. They made the most of the evening by attending talks throughout the school and arriving with thoughtful questions for representatives from the colleges with stands in the Raymond Kearns Hall.

There was also an international dimension to the evening, with staff from Eunicas (which helps students explore degree programmes taught through English at European universities) and Study Medicine Poland on hand to help students discover potential study options abroad. This gave students a valuable insight into the opportunities available to them further afield.

The quality of the speakers was exceptional, thanks to our Guidance Department, which has established excellent relationships with a diverse range of colleges and higher education institutions. A huge thank you to our Guidance team, all the colleges who brought the Raymond Kearns Hall to life, and everyone who delivered talks throughout the school. A special thank you goes to Dr John McGinnity for organising this event and providing our students with such a valuable opportunity to explore their options, ask questions and take the next steps towards their futures.













