

THE BUZZ



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Extra-Curricular Activities



Creative Writing

We will continue our discussion from last week of different ideas of poetry and art. In particular we will explore the idea of a 'total art'. Mondays at 3.30pm in G-3.

5th Year Barista Classes

These classes will run each Saturday during October in The Institute of Education. Students need only attend one class to complete the course. Classes cost €110. Please sign up on the 5th year noticeboard.

5th Year Philosophy

This week students can request the topic of the class. This will help them show how philosophical investigation can be applied to any issue. Tuesdays at 3.30pm in G-3.

6th Year Philosophy

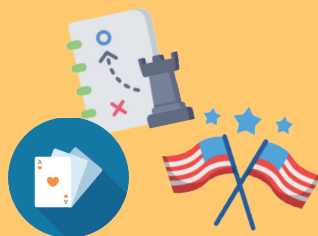
Moving on from Plato and Aristotle, we will see how subsequent thinkers sought to synthesize the two together. We will see how the likes of Plotinus expand Platonic reasoning to new problems. Wednesdays at 3.30pm in G-3.

Chess Club

Wednesdays at 4.00pm in L1-0.

Bridge Club

Fridays at 2.30pm in G-1.



MUN

The St. Andrew's International MUN (SAIMUN) takes place from 15 – 18 April 2019. This is Ireland's largest MUN conference. Students wishing to take part should make themselves known to David Connolly or attend a brief meeting this Friday at 2.30pm in G-3.

Table Tennis

Table tennis will begin the first week after the Halloween break. It will take place at 3.30pm in the 6th year lunch room. Places may be limited so if you want to take part be sure to turn up.

Debating / Book Club / Film Studies

There will be no debating, book club or film studies this week. Classes will recommence when we return from the Halloween break.



Our 4th year students got to spend the day with trainers from the Dublin Barista School last week, learning how to make a range of cafe worthy coffees, as well as creating unique latte art!

The buzz is a weekly newsletter for all students at the Institute

22/10/18

Career Guidance



Save The Date!

CAREER FAIR 2018

5th and 6th year students are invited to attend our annual Careers Fair, which takes place this Thursday 25 October, from 4pm - 7pm. This event gives students a chance to meet representatives from leading colleges and attend career talks with industry experts.

A special talk on the CAO process will also be given during the evening by John McGinnity from NUI Maynooth. This talk is for 6th year parents only.

A brochure with full details, including a list of colleges attending and a timetable of talks, is available in the 5th and 6th year office and on the school website.

CAO talks for 6th year students

The CAO opens for applications on Monday 5 November at 12pm. A series of talks on making your CAO application will take place on the following dates in November.

- Tuesday 13 November at 2.30pm & 3.30pm
- Thursday 15 November at 2.30pm and 3.30pm

It is recommended that all students attend one of these talks.

Venues will be confirmed after the Halloween break.

College Open Days

UCD will be hosting its annual Open Day for prospective students, mature students, their families and guidance counsellors on Saturday 3 November, from 10am - 4pm.

Economics Notes

If you're studying Economics for the Leaving Cert it's important to keep date with economics and business news stories. There are lots of online resources that can help you do this.....

Prime Time on the RTE player

The Irish Times Inside Business Podcast is a weekly programme dedicated to Irish business and economics.

This Economist App from The Economist magazine offers a selection of free articles from The Economist, plus reports on current affairs, science, technology, and other news.

Another very popular finance app is Bloomberg. The news section in this app is excellent and offers analysis and opinion pieces as well as the latest news in the field.

Study Skills Tip of the Week



Study Skills Tip of the Week

Flash cards: Flashcards are one of the best ways to learn and study. They are quick to use, portable, and can help you learn facts very easily. If made properly, they will greatly increase the speed of your learning. They can be used while travelling or during your spare time. Flashcards are most effective when used in small intervals i.e. 10 minutes here and there.

Oral preparation for 5th years

1-to1 oral preparation is now available for 5th year students. These 15 minute sessions take place with a native French speaker and provide students with the opportunity to improve their conversational skills in order to ensure a more relaxed and confident performance in the oral exam. Classes can be booked with French teacher Carole Oiknine in 5th year.



6th Year Supervised Study Hours:

Monday – Friday: 9am – 8pm
Saturday: 9am – 4pm

Halloween Break- 6th Year Supervised Study Hours:

Sunday 28 October: Closed
Monday 29 October: Closed
Tuesday 30 Oct – Friday 2 Nov: 9am – 4pm
Saturday 3 & Sunday 4 November: Closed

5th Year Supervised Study Hours:

Monday – Thursday: 8.30am – 6pm
Friday: 8.30am – 5pm

Halloween Break- 5th Year Supervised Study Hours:

Closed



Health & Fitness Programme

Motivational talks with Brian Gregan

"My Story" from the Leaving Certificate to the World championships

- Insight into me and what it takes to be successful
- My experiences and how they shaped me
- The challenges I have faced and overcome

Tuesday 23 October, 12.30pm – 1.30pm in G-1

Wednesday 24 October, 10.30am – 11.30am in H2-1

One to watch...

'Never, ever give up'
Speaker: Diana Nyad



TED



Although, the topic may be different, the thread is the same, and that is never give up. The students that come to my talks will quickly realise my career as an athlete was founded on never giving up.

www.ted.com/talks/diana_nyad_never_ever_give_up#t-92271

4th Year Body Weight Classes

Wednesday & Friday, 9.30am – 10.30am in Convent Place. Check your timetable for your scheduled class and please remember to bring water!

Football

Fridays from 3.00pm – 4.00pm in SportsCo in Ringsend. A bus leaves the school at 2.30pm and drops back at 4.30pm. Sign up on the 5th & 6th year noticeboards.

On your marks...!



Best of luck to our accounting teacher Arthur Russell, who will be taking part in the Venice Marathon on October 28th. This is the 14th time he has run the Venice marathon. Good luck Arthur!

Athletics with Brian Gregan

Wednesdays from 3.30pm – 5.30pm in Irishtown. A bus leaves the school at 3.30pm and drops back at 5.30pm. Sign up on the

5th & 6th year notice boards.

Circuit Training with Brian Gregan

There are still places available in the circuit training classes. Everyone is welcome to attend any class, it doesn't matter if you are a gym bunny or don't engage in regular activity.

If you only have one hour break a day, but feel you want to get some training in, come along to a class. Sessions last approximately 30 minutes, allowing you plenty of time to recover and grab a bite to eat afterwards.

All classes take place in Convent Place (across the road, directly across from Cafe Sol, down the laneway, glass door on the right).

Beginner

Tuesday 9 October, 3.30pm – 4.30pm

Thursday 11 October, 12.30pm – 1.30pm

Intermediate

Wednesday 10 October, 12.30pm – 1.30pm

Friday 12 October, 11.30am – 12.30pm

Gerard's Cafe

Healthy option: €3.80

Lemon dressed couscous salad with stripped chicken diced veg and spinach.

Deal €4.50

Healthy option + 500ml still water + 1 piece of fruit.



During your life you will eat an average of
70 insects and ten spiders while sleeping.

Happy Halloween!

