

# THE BUZZ

FOLLOW US ON INSTAGRAM \ THEINSTITUTEOFEDUCATIONDUBLIN

The buzz is a weekly newsletter for all students at the Institute

12/11/18

## Extra-Curricular Activities

### Creative Writing

Last week we discussed what makes something scary or horrific. This week we will expand upon that with a look into "cosmic horror". We will look at the genre's biggest name, H.P. Lovecraft, in addition to newer additions from the likes of Stephen King and Rick and Morty. Mondays at 3.30pm in G-3.

### 5th Year Philosophy

We continue our discussions on the philosophy of music. In particular this week we will explore the relationship between form, tradition and empathy. Tuesdays at 3.30pm in G-3.

### 6th Year Philosophy

We move on to St. Thomas Aquinas and his "quinque viae", 5 arguments for the existence of God. We will see how these theological arguments emerge for the varied schools of classical thought. This class is recommended for students of Religion. Wednesdays at 3.30pm in G-3.

### Film Studies

Continuing on from our look at the distinctive style of Edgar Wright we will explore the ways that different directors create their own vision and language. This class will include scenes from a wide variety of directors including Kubrick, Anderson, Bay and Ramsey. Thursdays at 3.30pm in G-3.

### Book Club

The book club meeting for Frankenstein has moved from Tuesday 13th to Thursday 15th at 4.30pm in G-3. The next book is Persepolis by Marjane Satrapi.

### Chess Club

Wednesdays at 4.00pm in L1-0.

### Bridge Club

The room for bridge has changed to G-1. Fridays at 2.30pm in G-1.

### Table Tennis

Table tennis started last Monday to great enthusiasm! Anyone interested in taking part is welcome to call down. Mondays at 3.30pm in the basement lunchroom in the 6th year building.

### Debating

Class time will be given to preparing debaters for the upcoming Leinster schools round. The group will workshop different ways to approach the motions in order to anticipate objections that may arise during the competition. Fridays at 2.30pm in G-3.



## Career Guidance



### CAO talks for 6th year students

A series of talks on making your CAO application will take place this week and next:

Thursday 15 November at 2.30pm & 3.30pm in H1-1.  
Tuesday 20 November at 2.30pm & 3.30pm in H1-1.

It is recommended that all students attend one of these talks.

## Science Week



This week is Science Week and there are numerous events running across the country. In Dublin there are some that are well worth catching if you have the time...

### Images of Starlight 2018

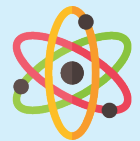
Sunday 11 November – Sunday 2 December  
Location: National Botanic Gardens

Organised by the Irish Astronomical Society, this exhibition features more than 60 astronomical photographs. Other space related activities will also take place, including a presentation about getting started in astrophotography on Saturday 24 November at 2pm. Weather permitting there will also be a public stargazing event within the grounds of the National Botanic Gardens on Thursday 15 November from 6pm - 9pm.

Admission: Free

### Baking in Space

Tuesday 13 November 7.30pm - 9pm  
Location: Smock Alley Theatre



How can a retro dessert explain how astronauts safely return to Earth? What connects molten sugar and micro-meteorite protection? How would you even bake bread in space?

Andrew Smyth, aerospace engineer and Great British Bake Off finalist, and Dr. Niamh Shaw, scientist, performer and space explorer, examine the surprising connections between everyday bakes and the extraordinary engineering that helps keep astronauts alive in Space.

Admission: Entry Fee Applicable, Pre-book



## Study Skills Tip of the Week

### Goal Setting:

- Create an action plan. Think: What will I study? How much time will I give it? When will I study it?
- Write down simple tasks.
- Set a target frame to have each task completed.
- Have a list of clearly defined written goals for each week.
- Set a small number of goals for the first few weeks.
- Decide how you will achieve these goals.
- Ask yourself what plan of action do I need to complete these goals.
- Always aim higher than you think you can. You will amaze yourself at how well you can do!

### Irish Mathematical Olympiad



Round 1 of the Irish Maths Olympiad takes place in the school this week. Any students with an interest in maths are welcome to participate. Those who do well in the Olympiad are invited to UCD for Maths enrichment classes. After further testing, a final six students are chosen to represent Ireland in the world Maths Olympiad. Best of luck to all who plan to take part!

The test places place on Thursday 15 November, from 3.30pm – 4.10pm in L1-0.



### 6th Year Supervised Study Hours:

Monday – Friday: 9am – 8pm  
Saturday: 9am – 4pm  
Sunday: 11am – 4pm

### 5th Year Supervised Study Hours:

Monday – Thursday: 8.30am – 6pm  
Friday: 8.30am – 5pm



Congratulations to 5th year student Aela Ní Ghaoithin, who won the scéalaíocht (storytelling) competition in the 15-18 age group at Oireachtas na Samhna, that took place in Killarney over the Halloween break.

### Circuit Training with Brian Gregan

Circuit Training classes continue this term and there are still places available! The classes now feature new exercises, focusing on muscular endurance, core strength and mobility for the upper and lower back.

Places are limited to 16 students per class. Please sign up on the 5th or 6th year noticeboards.

All classes take place in Convent Place (directly across the road from Café Sol, down the laneway, glass door on the right).

### Class times:

Monday 12 November, 3.30pm – 4.30pm  
Tuesday 13 November, 3.30pm – 4.30pm  
Friday 16 November, 11.30am – 12.30pm



### Athletics with Brian Gregan

Wednesdays from 3.30pm – 5.30pm in Irishtown. A bus leaves the school at 3.30pm and drops back at 5.30pm. Sign up on the 5th & 6th year noticeboards.

### Football

Fridays from 3.00pm – 4.00pm in SportsCo in Ringsend. A bus leaves the school at 2.30pm and drops back at 4.30pm. Sign up on the 5th & 6th year noticeboards.

### Ladies GAA

If there are any students interested in joining a Ladies GAA team please register your interest by signing up on the 5th & 6th year noticeboards.

### Gerard's Cafe



### Healthy option: €3.80

Caesar Box or Wrap.  
Ice-berg lettuce, bacon, breaded chicken, Caesar dressing, parmesan cheese & croutons.

### Deal €4.50

Healthy option + 500ml still water + 1 piece of fruit.

## Health & Fitness Programme

### Motivational talks with Brian Gregan

"Life skills – The 5 key skills that will allow you to fulfil your potential:

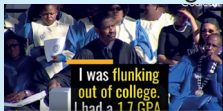
- Mental resilience
- Communication
- Breaking barriers
- Organization
- Hunger to achieve



Monday 12 November, 2.30pm – 3.30pm in 3-7.  
Wednesday 14 November, 10.30am – 11.30am in H-1.  
Wednesday 14 November, 2.30pm – 3.30pm in 2-5.

### One to watch...

Don't Be Afraid to Fail Big, To Dream Big  
- Denzel Washington | Goalcast



If you have the time, watch this inspiring speech by Denzel Washington. He speaks about not settling for what you have, but striving for more. Greatness comes from within, but you have to take a leap of faith first.

<https://www.youtube.com/watch?v=tIY0PkWxCW8&vI=en>

