

# THE BUZZ

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The buzz is a weekly newsletter  
for all students at the Institute

05/11/18

## Extra-Curricular Activities

### Creative Writing

Before midterm we asked you watch horror movies and read horror stories while given some ideas to look out for. This week we will discuss the works and try to breakdown how these pieces produce a sense of fear in us. Mondays at 3.30pm in G-3.

### 5th Year Philosophy

This week we will begin a new topic and start exploring the philosophy of music and art. We will look at a range of ideas encompassing everything from Pythagorean classical philosophy to Stockhausen and Adorno's postmodernism. Tuesdays at 3.30pm in G-3.

### 6th Year Philosophy

We will continue to look at Neo-Platonism as time was given before midterm exploring further aspects of Plato and Aristotle. We will see how philosophers like Plotinus attempt to synthesise the two classical greats and how such a move paves the way towards Aquinas' medieval theology. Wednesdays at 3.30pm in G-3.

### Film Studies

This week we will finish off Edgar Wright's Baby Driver and examine his approach to rhythm and editing. This class will include snippets from his other movies: Hot Fuzz, Shaun of the Dead and Scott Pilgrim vs. The World. Thursdays at 3.30pm in G-3.

### Book Club

The next meeting of book club will be on Tuesday 13 November at 4.30pm in G-3. The book for that meeting will be Mary Shelley's Frankenstein. The book for the following meeting will be the graphic novel "Persepolis" by Marjane Satrapi.

### Chess Club

Wednesdays at 4.00pm in L1-0.

### Bridge Club

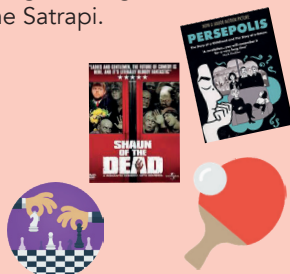
Fridays at 2.30pm in G-1.

### Table Tennis

Table tennis begins this week. It will take place at 3.30pm in the 6th year lunch room. Places may be limited so if you want to take part be sure to turn up.

### Debating

Before midterm we had started analysing speeches from international competitions. We will continue that this week but this time encourage students to compose their own responses based on the examples we've seen. Fridays at 2.30pm in G-3.



## Career Guidance



### CAO talks for 6th year students

The CAO is now open for applications. A series of talks on making your CAO application will take place on the following dates in November:

Tuesday 13 November at 2.30pm & 3.30pm  
Thursday 15 November at 2.30pm & 3.30pm

It is recommended that all students attend one of these talks. Venues will be confirmed shortly.

### 5th Year Centigrade Interest Tests

All 5th year students will have the opportunity to sit the Centigrade Interest Test this term. Centigrade is an assessment programme aimed at college applicants.

The test assesses students' interests, abilities and personal qualities and helps them select appropriate higher education courses.

The test lasts approx. 50 minutes and takes place in the Computer Room. It can be taken during study periods or lunch break. Students must make an appointment through the 5th year office.

### College Open days

TCD will host its Undergraduate Open Day on Saturday 10 November from 9am – 3.30pm.



Thanks to everyone who attended our Careers Fair at the end of October in the school. The event was a great success as always. We hope everyone found it helpful and informative.

## Geography Notes



Want to know what volcanoes around the world are erupting right now? The website [www.volcanodiscovery.com/erupting\\_volcanoes.html](http://www.volcanodiscovery.com/erupting_volcanoes.html) has an interactive map, which shows you where all the action is in real-time, with links to webcams around the world.

The latest earthquakes can be tracked, as they happen on, [www.earthquake.usgs.gov/earthquakes/map/](http://www.earthquake.usgs.gov/earthquakes/map/)

## Study Skills Tip of the Week

### Study Skills Tip of the Week

Goal setting: Keeping track of your goals is the key to attaining them! Review your goals regularly. Measure / assess your progress. Make honest changes if needed but be honest with yourself. Write your goals down in your designated study area. Seeing them regularly will remind you of them and this in turn will improve your chances of completing them.

**You can be successful if others don't believe in you but you can't be successful if you don't believe in yourself.**

**John Maxwell**



### 6th Year Supervised Study Hours:

Monday – Friday: 9am – 8pm

Saturday: 9am – 4pm

Sunday: 11am – 4pm

### 5th Year Supervised Study Hours:

Monday – Thursday: 8.30am – 6pm

Friday: 8.30am – 5pm

**Napoleon Bonaparte  
was afraid of cats.**



## Health & Fitness Programme

### Motivational talks with Brian Gregan

*"Life skills – The 5 key skills that will allow you to fulfil your potential:*

- Mental resilience
- Communication
- Breaking barriers
- Organization
- Hunger to achieve



Monday 5 November, 2.30pm – 3.30pm in 3-7  
Wednesday 7 November, 10.30am – 11.30am in H-20  
Wednesday 7 November, 2.30pm – 3.30pm in 2-5.

### One to watch...

*'How to be Organized for School, College or Life - The 6 Habits of Highly Organized People'*

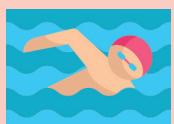


Organisational skills help you organise your workload, manage time and resources, and schedule and prioritise to reach your potential on the pitch, classroom or boardroom. Always remember, being organised allows you more time to do the things you want to do.

<https://www.youtube.com/watch?v=88MjoZalHpM>



Congratulations to 5th year student Aisling Nolan, who represented the Institute at the Leinster Senior Schools Swimming Championships last month and won Silver in the Senior 100m Butterfly and Bronze in the Senior 100m Freestyle events.



Well done to Alex Sherwood, who qualified as a beach life guard last month, achieving 100% in his exam!

### Circuit Training with Brian Gregan

Circuit Training classes continue this term. Everyone, of all abilities is welcome to attend. If you only have one hour break a day, but feel you want to get some training in, come along to a class. Sessions last approx. 30 minutes, and are a mixture of mobility, weights, medicine ball and core work. The mobility work is great to relieve any stiffness from sitting for long periods of time.

Places are limited to 16 students per class.

Please sign up on the 5th or 6th year noticeboards.

All classes take place in Convent Place (directly across the road from Café Sol, down the laneway, glass door on the right).

### Class times:

Monday 5 November, 3.30pm – 4.30pm

Tuesday 6 November, 3.30pm – 4.30pm

Friday 9 November, 11.30am – 12.30pm



### Athletics with Brian Gregan

Wednesdays from 3.30pm – 5.30pm in Irishtown.

A bus leaves the school at 3.30pm and drops back at 5.30pm.

Sign up on the 5th & 6th year noticeboards.

### Football

Fridays from 3.00pm – 4.00pm in SportsCo in Ringsend.

A bus leaves the school at 2.30pm and drops back at 4.30pm.

Sign up on the 5th & 6th year noticeboards.

### Ladies GAA

If there are any students interested in joining a Ladies GAA team please register your interest by signing up on the 5th & 6th year noticeboards.

### Gerard's Cafe

#### Healthy option: €3.80

Noddle Box (No egg) Noddles, soya & sesame seed dressing, ginger, spring onion, chilli, chopped spinach and chicken.

#### Deal €4.50

Healthy option + 500ml still water + 1 piece of fruit.

