

# THE BUZZ

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The buzz is a weekly newsletter for all students at the institute

30/09/19

## Health Tips from Brian Gregan

We are delighted to share that Brian Gregan is hosting a series of lifestyle talks for our students!



Brian will share his expertise on how to keep healthy during the academic year and share tips on how to fulfil your potential.

**"Life skills – The key skills that will allow you to fulfil your potential"**

- Monday, 30th of September & Wednesday, 2nd of October from 14.30-15.30

**"Nutrition and healthy eating from the classroom to the sports field"**

- Monday 7th, 14th and 21st of October from 13.30-14.30 and 14.30-15.30
- Wednesday 9th, 16th and 23rd of October from 14.30-15.30

Keep an eye on the Buzz for more info regarding Brian's talks in November and December.

## Terenure Model United Nations

Last weekend the school took part in the first **Model United Nations** of the year, TERMUN. We had a great turnout, filling five delegations. Our students debated climate change, human rights, international security and lots more from the perspective of their assigned countries. Having been tasked with representing France, Nigeria, Slovenia, Ukraine and Japan, we had a broad variety of worldviews and interests to represent.



MUNs are great for students who want a social environment to develop more confidence in public speaking and debating or are interested in politics at all levels.

There will be several more MUNs during the year, so if you are interested but missed TERMUN you still have chances to take part. Make sure you notify David Connolly of your interest to ensure you receive notifications of upcoming events.

## Around The School



Our 4th Years have been out collecting in aid of **Our Lady's Hospice**. It's not always easy to put on bright orange jumper, grab a collection bucket and ask strangers bustling through the city centre for donations but for such a great cause the volunteers took on the challenge.

They did so well that we received the following message from the Hospice:

"Many thanks to all the Institute of Education Students who collected in the city centre as part of our Coffee Morning collection. All the students were very enthusiastic and excellent representatives of both the Hospice and the Institute. Our staff and volunteers were very impressed with the all. In good news €4547.46 was raised from the day from the student collection which is over €500 up on last year – an amazing result!"

Well done everyone!

## Careers



A reminder to students that the **UCAS** early deadline is looming. All applications to Oxbridge and to all Medicine, Veterinary and Dentistry courses must be completed and sent to UCAS by October 15th. Predicted Results must be included in the referee section of the application. Applicants must give a copy of these to their referee. Good luck!

If you are thinking of studying outside of the Dublin, you should consider Galway. NUI Galway have two open days on Friday 4th and Saturday 5th October.

## HPAT



Any students thinking of studying medicine should familiarizing themselves with the **Health Professionals Admission Test (HPAT)**.

For 6th Year students looking to prepare there will be a HPAT weekend on October 19th and 20th. The course runs from 10am to 4pm each day. The course itself is free but for those wishing to sit a sample exam there is a fee of €50. If you want to take part, please sign up in the Main Reception on the ground floor.