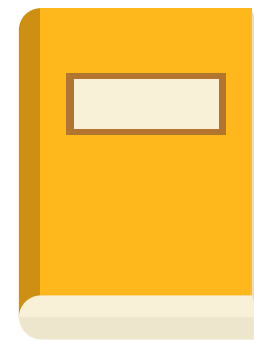


# THE BUZZ

NEWSLETTER @ THEINSTITUTEOFEDUCATIONDUBLIN

23.11.2020

## IT'S YOUR BOOK



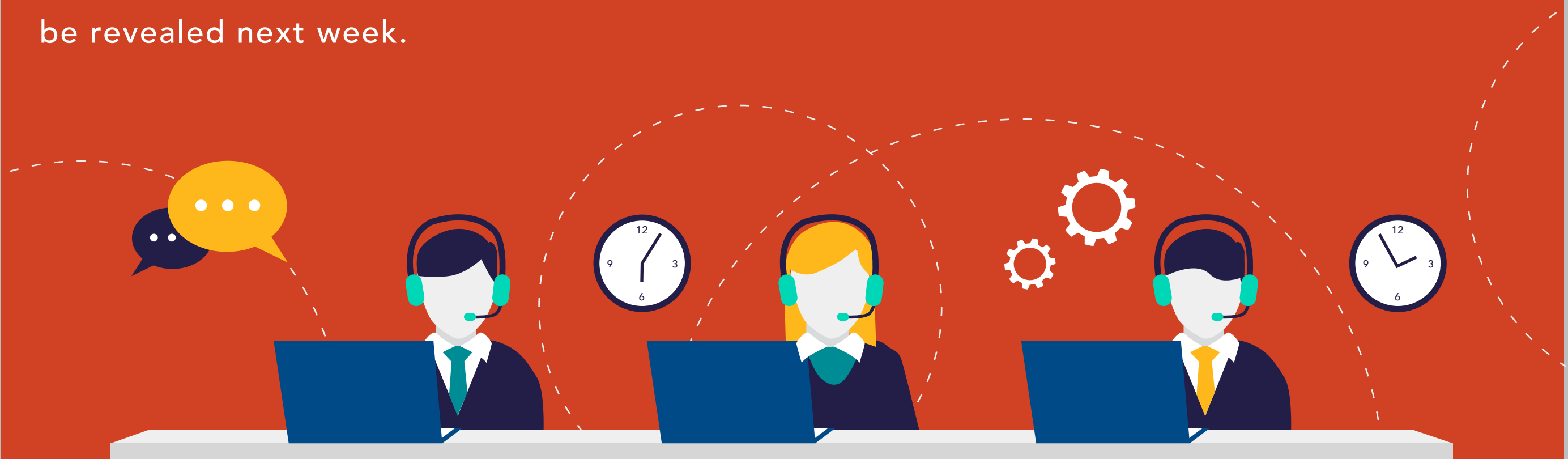
As you have already heard, this year we are not doing an end of year review but rather two new publications that hope to reflect the dynamic and vibrant life of your school in motion. So, with a rethink of the format we should also rethink the name. We are asking you, our brilliant students, to submit suggestions for the new name. This is your opportunity to make a mark on the school that will continue for years (and also look great on a reference)!

Additionally, we would love to hear about your achievements and time in the school. Have you been working towards a particular goal, in class or out? Taken part in any of the extra-curricular activities? Do you have poems, short stories or comic strips you would like to publish? How about a perspective on a contemporary issue that you want to give a voice?

Send your suggestions and stories to [contributions@instituteofeducation.ie](mailto:contributions@instituteofeducation.ie)

## COMING SOON - OUR HELPDESK

We are in our final stages of implementing our helpdesk. A helpdesk is a ticketing system that will allow you to submit issues (called a ticket!) and ensure they are dealt with and resolved in a timely and efficient manner. From the 1<sup>st</sup> of December you will be able to submit a ticket to the helpdesk directly from our school website, via email or over the phone. More details will be revealed next week.



## RECIPES FROM BRIAN GREGAN



### OAT PANCAKES

#### Ingredients:

- 60 - 80g Oats
- Seeds & nuts
- 1 - 2 tablespoons milk
- 1 egg

#### Directions:

- Add oats, toppings & whey to blender & blitz.
- Add almond milk & egg to the mixture & blitz again to form a pancake mix.
- Warm up the pan with coconut oil & spoon on to the pan.
- Flip pancake when the other side is cooked.

Serve with your choice of fresh berries, banana, melted dark chocolate, nut butter & yoghurt.



## CHESS BOARDS



With the success of Netflix's *The Queen's Gambit*, more and more students are asking about chess. Normally we would have a Chess Club run by an experienced coach, but due to the Covid restrictions, this has not been possible.

However, in an effort to allow students to safely express their regicidal tendencies, there will be some chess boards made available to use during select lunch breaks. These will be limited in number. Once two people sit at the board - it is theirs for the session to prevent shared surfaces. The pieces and the boards will be disinfected between each game. The room will be supervised to ensure safe, respectful play.

There will be more information soon so keep an eye on noticeboards and The Buzz for days, times and how to book a board!

## GUIDANCE



Can you believe we are into the last week of November? We hope you're all doing well, and the Christmas tests are going well for you. As always, if you'd like any support, don't hesitate to reach out to us.

### STAND UP WEEK

Thanks to everyone for engaging with Stand Up week, last week. It was so great to see photos and messages of solidarity being shared online. We as a school community value and celebrate everyone's individuality. To quote Dr. Seuss "You are you. Now, isn't that pleasant"

### WEBINAR

The webinars are all available on the Guidance tab on Moodle. This week's webinar is on Pharmacy and Dental Science with **speakers** from RCSI, Trinity College & UCC. If you have any questions, feel free to type them into the chat bar during the webinar or email them in advance to Aoife at [amcardle@instituteofeducation.ie](mailto:amcardle@instituteofeducation.ie)

## OPEN DAYS

The Guidance Counsellors love a good Open Day and we are very impressed by the quality and usefulness of the Virtual Open Days this year; they're an invaluable source of real information about courses and colleges. Registration is necessary. Please see details of this week's main open days & evenings. To register and get details see individual college websites.

**Tuesday 24<sup>th</sup>** - Veterinary Medicine Open Day; Medicine Poland, register at Eventbrite: 7 – 9pm

UCD Virtual Social Sciences Evening; (including Economics and Psychology) 6 – 7.30pm

**Wednesday 25<sup>th</sup>** - NCAD: 1 – 6pm / NCI: 12 – 3pm  
Maynooth - degree courses & live Q&A: 3 – 4pm

**Thursday 26<sup>th</sup>** - NUIG Arts CAO Info Evening: 7 – 9pm  
Shannon College of Hotel Management: 6.30pm

**Friday 27<sup>th</sup>** - Maynooth *Student Life*: 10am – 2pm

**Saturday 28<sup>th</sup>** - Maynooth *Academic Life*: 10am – 2pm  
IADT: 10am – 3pm

**Have a great week everyone**