

NEWSLETTER THEINSTITUTEOFEDUCATIONDUBLIN = 11.10.2021





WELLBEING

Guided Meditation on Today -

Health and wellbeing Guru Brian Gregan is guiding 5th & 6th years through a relaxing meditation at 4:30pm in 2-3.



Relax





10-lecture Wellbeing Series

We are encouraging our 6th years to take part in The Science of Health & Happiness for Young People. It is a 10 week series being run by RCSI for people over 18.

It already started last week but is delivered via prerecorded lectures so students can still register and complete it.

The course is free and can be accessed on the RCSI website in the section / centre-for-positive-psychology-and-health



RCSI



1010RIALS

NEW: ENGLISH



Emma Grealy: Tues / 15:30 / 4-5 / H Level 5th Yrs / Drop in without an appointment.

NEW: SPANISH

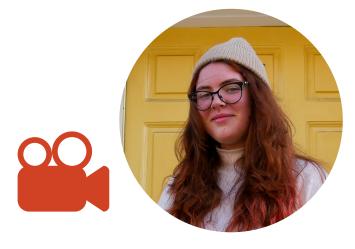


Patrick Fitzsimons: Thur / 15:30 / G-3 / H Level 5th Yrs / Drop in without an appointment.

All other tutorials will continue as per your October monthly Calendar.

CONGRATULATIONS

To Chloe O'Malley's (5th Year) who's short film has been shortlisted for the Cinemagic Young Filmmakers showcase (out of 550 entries). The final winners selection is set to take place at Halloween. We wish her the very best of luck!







HI STUDENTS,

We've noticed how tired you are from studying for the mini assessments. Hang in there – midterm break is around the corner! We hope the assessments are going well for you; they are great training for the main event in June.

OPEN DAYS

Open day season continues with Ulster University this week. Ulster University have fantastic courses available in healthcare such as physiotherapy, pharmacy and nursing. Fees are half of those on mainland UK, with free fess for some courses and these course have been more accessible than similar courses in Dublin in recent years. Well worth checking out.

UCAS

The first deadline is this Friday 15th January. It is absolutely imperative to have everything uploaded by Wednesday 13th morning so that we can check for any omissions or errors. Well done to those of you have already submitted their applications – it always looks good to submit before the deadline.

WEEKLY WEBINAR

Thank you to our friend Dr. John McGinnity from Maynooth University for his excellent webinar on ARTS and Humanities as well as other fantastic options at Maynooth University. Maynooth University is increasing in popularity among IOE students and fifty of our class of 2021 have just started courses this term. If you missed this webinar, it's available with our other recordings on Moodle. This week's webinar is focusing on alternative healthcare degrees – optometry, molecular diagnostics, clinical measurement and many more.

Best of luck in the last of your mini assessments and enjoy the feeling of accomplishment when you're finished.

Have a great week!



There are still places available in Life Saving, Sign Language & Barista Training. Just contact or call into the school office on the first floor to sign up. Below are some of this year's 4th years having fun, learning a new skill and providing us with delicious coffee!



MASTERCLASSES



This Wednesday we have a Masterclass in Biology with Wesley Hammond. It is for 5th and 6th years and will be live online at 7pm.



This Thursday we have a Masterclass in Geography with Breege Henry. It is for 6th years and will be live online at 5pm.