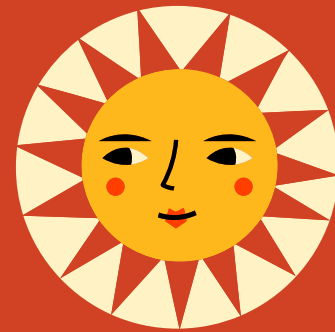


THE BUZZ

NEWSLETTER @ THEINSTITUTEOFEDUCATIONDUBLIN ■ 28.03.2022



RANDOM ACTS OF WILDNESS

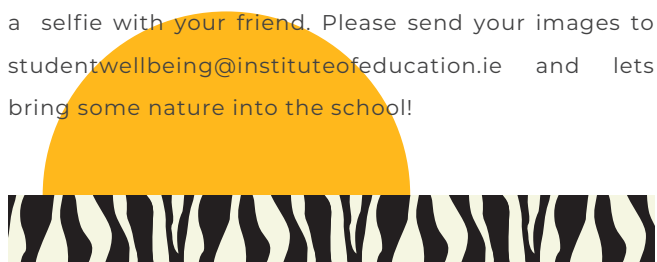
We invite students and staff to share images from routes you have taken over the next two weeks - when out enjoying the improving weather. We all know the benefits of getting outdoors - but sometimes it helps to get a little motivation to do what is good for us!

For the next two weeks (from the 28th March - 8th April) we will be sharing images from students and staff on the digi-screens, as we all support and encourage each other to get some spring air into our lungs!

What better way to practice your photography skills than getting out into nature and enjoying some fresh air and exercise in the process.

Whether you are out for a hike, a roller skate, a stroll with your dog or simply enjoying the spring flowers in your back garden, we would love to see whatever it is that caught your eye and brought you some peace or happiness.

Was it a beautiful sunset, a friendly fox or a funny looking bug? - share the joy! Whether you have started counting your steps or reached a running goal, created a nature table or a calming herb combination, or taken a selfie with your friend. Please send your images to studentwellbeing@instituteofeducation.ie and lets bring some nature into the school!



GRADUATION BALL

Graduation Ball 2022: Sat 24th September, Aviva Stadium, 7:30pm. Tickets are now available for 6th year students from the reception on the ground floor. Tickets are €90 and students can pay by cash or card.



6TH YEARS

AGRICULTURAL SCIENCE

Revision is on this Tuesdays with Catriona Hendry. Times: 13:30 & 14:30 & 15:30 (The same material is repeated each hour). Location: Science lab.



28th March – Dairy 2



4th April – Soil 1



GUIDANCE

HI STUDENTS,

Hope you're enjoying this lovely weather.



5TH YEARS

Have you been to see Aoife or Helen yet? You should make use of your guidance counselling service before the end of term. Please sign up for an appointment or drop in any morning 8.30-9.30am.



EVENTS & OPEN DAYS

Open Days are a fantastic way to get a feel for colleges and universities. It is wonderful to have in person events back. Pre-registration recommended.

Monday 28th March

Medical Poland - Virtual Open Evening for nursing 6.30 pm. Hear from International nursing students studying nursing through English in Poland.

Wednesday 30th March

Maynooth University Campus Tour 3pm
Inchicore College of further education Open Day

Saturday 2nd April

DCU Spring Open Day (10am on campus)
IADT Open Day (10am on campus)
TU Dublin Aungier Street (10am on campus)
Maynooth University Campus Tour (12pm on campus)

WANT TO BE A DOCTOR OR A VET?

Medical Poland will have a Virtual Open Day on 6th April at 6.30pm. Hear all about the options for studying Medicine or Veterinary through English in Poland.

6TH YEARS

Applications for accommodation at Trinity hall open Wednesday 30th March



Have a great week,

Aoife & Helen



WELLBEING

We have been sharing messages of encouragement from former students on the screens around the school. Having been in your position, these students understand better than any, the challenges you have all faced this year. These messages aim to remind you that all the hard work will pay off and that, even at the most difficult time of the year, there is light at the end of the tunnel. Here is a selection of the messages that have been shared around the school last week:



Lola (Class of 2021)

Don't be afraid to work at a pace that suits you! It's probably not the end of the world if you start studying a little later than everyone else.



Ashleigh (Class of 2021)

Concentrate on yourself during this time. Both academically and personally. Don't let the stress take over and forget about your own mental health. Put yourself first!



Daniel (Class of 2021)

Allow yourself some slack, studying day after day is only useful if you can pace yourself and separate your work and leisure. You'll get through this.