

THE BUZZ

NEWSLETTER @ THEINSTITUTE OF EDUCATION DUBLIN ■ 26.09.2022



WELLBEING



Our first Monday Meditation with Brian Gregan will take place today, Monday the 26th. This meditation is on in room 2-3 at 3:30. All students from all year groups are welcome.



As you know the first of five wellbeing talks for 6th years was moved from last week to this Wednesday, September 28th. These talks will take place in room 2-3 at 12:30. The theme of this week's talk is *Back to School Stress Management & Developing Resilience*.

All talks in this series will be delivered by psychotherapist Arnaud Bongrand, with the goal of giving you the skills needed to maintain positive wellbeing through all the challenges 6th year students will face. Come along on Wednesday to room 2-3, have lunch and relax while gaining important life skills for wellbeing.

CHOIR



DO YOU LOVE SINGING?

If so we would love to see you at some of the below:

1. The **school choir** has resumed rehearsals on Fridays at 3.30, downstairs in the Music Studio. There are big plans for the choir this year and **all are welcome**. It is not necessary to be able to read music but it is necessary to love singing!

2. There is an exciting opportunity to perform as part of a **vocal a cappella group** for 6th Year Music students. This will take place during 6th Year lunch break at 12:30 on Thursdays.

3. There will be a meeting for any students interested in becoming part of a **Chamber Music Group** on this Thursday the 29th September at 3.30. If you are Grade 6 or beyond on your instrument come along for a chat and we will find a group for you.

4. We would love to hear from some of the many talented Trad musicians in the school to see about setting up a **Trad Group**. Please come and chat to Ciara in the music room if you are interested.

NEW PHYSICS TUTORIAL

This week there is a new Physics Tutorial being added to the time-table for 6th years. It is on Tuesdays at 12:30 in the Physics Lab (1-0). It is a drop in class where students can go for extra help with Alan Trenier.

INDIVIDUAL MATHS HELP

We have a great opportunity for individual Maths tuition for 6th year higher level Maths students. Please book your time slot with Margaret McCabe in the 1st floor school office - there are plenty of spaces available:

Adam Goodwin Tuesdays 3:30-6:30pm / B-7

Maya O'Riordan Mondays 4-5:30pm & Tue 4-5:30pm / G1



GUIDANCE



HELLO STUDENTS,

If you have any difficulty getting an appointment at a time you're free, remember that there is a drop in clinic every morning from 8.30-9.30 with no appointment necessary.

CAO HANDBOOKS

CAO

CAO handbooks are in a very user friendly interactive flipbook download this year. Download it at www.cao.ie/handbook or scan the QR code on the guidance noticeboards.

UCAS

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Students applying for the October deadline should by now have opened their UCAS account, linked it to The Institute using the buzzword and filled in their application online. This is vitally important. If you haven't done this yet please do so by this Wednesday, 28th September so we can gather your predicted grades, reference etc. Remember, if you need any support with your UCAS application, that there are UCAS lunchtime tutorials every Monday this term in the project room at the back of room 2-8, bring your device.

WEEKLY WEBINAR THE PERSONAL STATEMENT

This week we are delighted to be joined by consultant Roxanna Harrap. Roxanna has many years of experience of successfully supporting students in their UCAS applications. Roxanna will share her hints and tips for writing the vitally important personal statement. As always, 4pm on Wednesday, link on Moodle and for anyone in class, there will be a recording. This webinar will be particularly useful for 5th year students thinking of applying to UCAS next year. If you have any specific questions please email Aoife in advance. amcardle@instituteofeducation.ie.



OPEN DAYS

Open day season kicks off this Saturday 1st October with Queen's University Belfast. The Guidance department highly recommend that students and parents attend open days of any universities that you are considering. They are an invaluable tool for researching prospective universities

and to get a feel for the wide variety of courses available. With over 1800 courses to choose from on the CAO, we cannot overestimate the importance of thorough research.

PARENTS WELCOME

A reminder that parents/guardians are always welcome to accompany our students to guidance appointments.

Have a great week, Aoife & Helen



MASTERCLASSES



This Wednesday, Sept 28th, we have a Masterclass in Geography with Breege Henry. **It is for 6th years** and will be live online at 6:00. It is not recorded.



This Thursday, Sept 29th, we have a Masterclass in English with David Connolly. **It is for 6th years** and will be live online at 7:00. It is not recorded.



THE ECONOMISTS' CORNER

by Junjia Li, 6th Year

SOARING HOUSE PRICES

The national Residential Property Price Index (RPPI) reached a historically high 163.6 points for June 2022. So, what makes the house price so high? The main reason for rising prices is demand outstrips supply. Pandemic and the Ukraine-War have exacerbated supply chain issues, which caused the construction sector to suffer from severe raw material and labour shortages. Annual inflation for building and construction materials ranged between 50% and 60% (CSO).

Secondly, the short-term housing supply is inelastic. A slight increase in demand can cause a huge price increase. Ireland is famous for export-focused FDI jobs, the creation of a job boosts housing demand. Recent data shows robust employment and income rates which support a solid demand for mortgages (BPFI). There are more factors that cause the price to rise, such as interest rates, economic growth, and government policies.....which is why it is hard for the government to intervene in the housing market.