

THE BUZZ

NEWSLETTER @ THEINSTITUTE OF EDUCATION DUBLIN

08.01.2024

WELCOME BACK TO SCHOOL!



As you can see from the information in this week's buzz, this week is wellbeing week! We urge you all to partake in some of the activities organized by our Wellbeing Mentors, Luke and Dee. The week is a timely reminder as to how important our wellbeing is. Mens sana in corpore sano—a healthy mind in a healthy body is an eternal truism and eternally relevant! Keep up the excellent level of effort you all put in over the first half of the year.

We wish you all the best for 2024!

Warm regards,

Yvonne, Hugh and Liam.

2024
HAPPY NEW YEAR



THANK YOU EVERYONE

Every year we fundraise on Christmas Jumper Day and the money raised goes to a very deserving charity. We love seeing all the staff and students in their Christmas gear and it brings a fabulous festive feel to the school.

This year we raised **€2105** in aid of the Irish Cancer Society. All money raised will go directly to supporting the outstanding work of the Irish Cancer Society who provide important services for those impacted by Cancer, emotional support for loved ones of patients, and in-home care among other important services.

Thank you so much to everyone who dressed up and a very big thank you to all the students who helped fundraise on the day - it was a cold one! A special thanks also to Luke Rock for organising the event. Happy New Year everyone!

GUIDANCE

HI STUDENTS



Welcome back. We hope you had a wonderful break and we wish you a very happy, healthy and productive 2024. We are absolutely delighted to welcome a new Guidance Counsellor, Liz Carey to our team. Liz is based in office 2-5A (beside Helen) and is looking forward to meeting and working with 4th and 5th years. Welcome Liz!

UCAS



Well done to all the 6th years for submitting their UCAS applications today, January 8th - we will now add predicted grades and references before sending to UCAS on your behalf. We wish you every success with your applications.

CAO



Final push for 6th years to open their CAO before the discounted application fee expires at 5pm on January 20th.

REGISTERING FOR THE L.CERT

Check your email for details on registering.



TUESDAY TALKS

This week's Tuesday Talk is on psychology. As usual, HG1 12.30. We look forward to seeing you there.

EUROPE



Many courses in Europe, particularly the Netherlands have January deadlines so make sure to get your applications in on time - as late applications are not considered.

ALTERNATIVE ROUTES TO UNIVERSITY

PLC (Post Leaving Cert) courses are offered in some schools, colleges and community education centres. A great thing about PLC courses is that as well as offering a recognised qualification in their own right, they can also offer an alternative route to Higher Level education - a stepping stone, so to speak. All PLCs are currently open for applications. Application is made directly to each individual college.

Aoife, Helen, John & Liz



WELLBEING WEEK

This week is wellbeing week and you have all been sent the wellbeing week calendar with the full details of this week's events and activities. Please see the reminder list below - and check your email for further details.



WELCOME HOT CHOCOLATE *Mon 8:00am G. Fl. Breakout*



QUIZ *Mon 11:30am / 4th & 5th Yr (2-3)*



QUIZ *Mon 12:30pm / 6th Yr (2-3)*



NUTRITION TALK *Tue 11:30am / 4th & 5th Yr AQU (1-4)*



WORKSHOP *Reducing Exam Stress Wed ABO / 6th Yr 12:30pm (1-4)*



MEDITATION *Wed 4:30pm (1-4) ALL WELCOME*



SUNRISE WALK *Thur 7:45am G. Fl. Breakout ALL WELCOME*



MOVIE *Thur 11:30am / 4th & 5th Yr (1-4)*



MOVIE *Thur 12:30pm / 6th Yr (1-4)*



WEAR BRIGHT COLOURS *Fri All day*



MUSIC RECITAL *Fri 3:45pm (Music Room) ALL WELCOME*



POETRY *All week, Daily inspiration from students on screens*



MASTERCLASSES



This Wednesday, Jan 10th, we have a Masterclass in Geography with Breege Henry. **It is for 6th years** and will be in person - in room 2-8 at 4:00pm.



REVISION CLASSES



Every Monday we have a revision class in Economics with Rob. **It is for 6th years** in HG-0 at 3:30. Topic: Microeconomics Material.



Every Monday we have a revision class in Geography with Lesley. **It is for 6th years** in L1-0 at 3:30. Lesley covers a new topic every week.



Every Tuesday, we have a revision class in Maths with Aidan. **It is for 6th years** in H1-0 at 3:30. Aidan is covering Differentiation this week.