



🧏 STUDENT SPOTLIGHT



Congratulations to 5th year student Elettra Thomas who won silver along with her team Dalkey Devils Volleyball Club team (U18 division) in the Volleyball Ireland Youth Championships 2025. The national tournament was held in the Kingfisher Sports Centre, University of Galway on Sunday the 19th of January 2025. Well done to Elettra and best of luck with all your future sporting endeavours.



STUDENT SPOTLIGHT



Our students had huge success in the Leinster Schools Swimming Championships this year. Super day by all accounts with lots of personal bests, medals and top 10 finishes across the board. Hannah Poynton came 2nd in the Female 100 Fly (17-19). Siona Beagon, Jia Li, Hannah Poynton and Sean O'Rourke came joint 2nd in the 4*50m Mixed Medley Relay (17-19). Luke Wynne, Jia Li, Robert Nixon and Sean O'Rourke came joint 3rd in the Open 4*50m Freestyle Team Relay (17-19). Well done to everyone and best of luck with the rest of the competition.

Pictured above left to right: Hannah Poynton, Robert Nixon, Luke Wynne, Sean O'Rourke and Jia Li.

Pictured below our mixed medley relay team, left to right: Sean O'Rourke, Hannah Poynton, Siona Beagon and Jia Li.













HI STUDENTS,

With mock exams for our 6th years starting this week, it can be a stressful time for students. The guidance and pastoral team are on hand to support you, so please drop in to see us any morning between 8:30-9:30am, with no appointment necessary or book in for a meeting later in the day, using the QR codes on all the noticeboards. We welcome all 4th and 5th year students to avail of these supports too. We would like to wish our 6th year aspiring medical students the very best of luck with their HPAT tests starting on 14th February!

HEAR/DARE APPLICANTS



The closing date for final completion of online HEAR/DARE application forms is on 1st March 2025. DARE applicants must tick "Yes" to Question 1 and complete Section A of the Supplementary Information Form (SIF) on your CAO. **Don't forget to click the SUBMIT button! Please note that it is not enough to simply click "save".** All supporting documentation for HEAR/DARE application must arrive in the CAO office, Galway by March 15th. If you have any questions please drop in to see Helen Casey in Room 2-6A or email hcasey@instituteofeducation.ie

CAO

CAO

The latest date for CAO Restricted-Application courses is 1st March 2025. An additional fee of €10 applies.

UCD AD ASTRA ACADEMIC SCHOLARSHIPS

UCD are currently accepting applications from Academic Scholars. The closing date is currently 18th August 2025, but this is subject to change until the Department of Education finalise their dates.

TU DUBLIN - PORTFOLIO WEBINAR

Wednesday 12th February 6pm – 7pm. This webinar is for students requiring a portfolio submission as part of their application for the following courses: TU973 BA Visual Communication, TU 974 BA Fine Arts, TU975 BA Interior Design, TU795 BA Visual Merchandising & Display. Students must register online.



UCD SUMMER SCHOOL FOR 5TH YEARS

3rd – 6th June 2025. UCD Summer School gives students the opportunity to experience college life, to attend sample lectures, to meet with lecturers, staff and students, and to take a guided tour of the UCD campus. These courses fill up quickly so students can sign up now for notification of registration in April.

Have a great week, your guidance team

Y SCHOOL CANTEEN

Daily Grab & Go service on the 2nd floor beside 2-3: French Toast €4 Breakfast Wraps €3.50

Main Canteen

All Week Specials: Any toastie or wrap & cold drink €7.50 Garlic and Cheese loaded fries €3.50

Daily Specials:

Mon: Pizza & Fries day (2 slices plus Fries) €6 Wed: KFC style Chicken Burger and Spicy Fries €6 Fri: Fake away Friday, Homemade Spice Bag €6 Sandwich special: Tue & Thurs: Chicken Fillet Roll with small Chips €6

Try the Viral Iced Whipped Coffee Caramel Latte all this week!



🔼 SUSTAINABILITY

Ireland has approximately 7400km of coastline formed from extensive rock coast in the southwest and soft sediment in the southeast. Historically these coastlines are critical to Ireland's aquaculture, settlements and transportation. However in recent years the urbanisation of these coastal areas have led coastal erosion to become an increasingly intense problem caused by high tides from rising sea levels and the exposure to high levels of wave energy with breaking Atlantic swells. The erosion of Ireland's coast endangers the coastal infrastructure and ecosystems of Ireland, particularly in areas like: Shannon estuary, Donegal, Clew, Tralee and Dingle Bays. If you're interested, you can read more at Climateireland.ie link below.

Sustainability Committee member Kobe Wong

www.climateireland.ie/impact-on-ireland/climate-hazards/coas tal-erosion/

MASTERCLASSES



This Wednesday, Feb 12th, we have a Masterclass in Chemistry with Ali Fox. It is for 5th years and is live online at 4:30pm. *The link is on your Moodle*.

REVISION CLASSES



This Monday we have a revision class in Biology with Roisin. It is for 5th years only, live online from 5:30 -6:30pm. Topics: Monera, Viruses, Protista